

Creative Arts and Industries Mental Health Awareness week 2020

Stay up to date by following [CatchupwithCam](#) on Instagram and keep an eye for next weeks 'What's Going On?' newsletter

Random Acts of Kindness Raffle



Bought someone else a coffee lately? Looked after someone's kids for them? Volunteered at a charity or helped somebody out who was in trouble?

We want to hear from you. Send emails, photos or other evidence to cai-sce@auckland.ac.nz of you or someone else performing random acts of kindness during mental health awareness week, and you will go into the draw to win a health and wellbeing prize to the value of \$100 (to be advertised in Wednesday 23rd 'What's Going On?' newsletter). You can enter or nominate someone up to 10 times. **

Create for Kids competition



In collaboration with the [Symonds Street ECE](#), we are looking for creatives to design some fun and joy for our next generation.

We want you to create an activity for kids that can be done on a piece of paper. Activities such as mazes, wordsearchers, spot the difference and so on.

Each activity must be A4 in size and appropriate for children under the age 5.

Send all completed activities to cai-sce@auckland.ac.nz and we will get the kids to decide who's is best. Our winner will receive a \$50 prezzy card for their efforts!**

***Both competitions are only open to current students enrolled in a Creative Arts and Industries programme. Competition is valid between **Monday 21st Sept - Friday 25th Sept 2020, 12pm**; however kindness has no date limits ;)*