

Mental health support
Student Disability Services
Equity Office – Te Ara Tautika



We are committed to being
safe, inclusive and equitable

www.equity.auckland.ac.nz



THE UNIVERSITY OF
AUCKLAND
Te Whare Wānanga o Tāmaki Makaurau
NEW ZEALAND



We offer support to:

- All students with mental health diagnoses
- This includes depression, anxiety, ASD and ADHD.

Type of support:

- Ongoing throughout your studies
- Wellbeing support
- Academic practical help and advice
- Advocating on your behalf with external agencies and University staff.

**Book an appointment online at:
disability.auckland.ac.nz**

For short-term or urgent counselling support, contact University Health and Counselling.

For more info:

www.disability.auckland.ac.nz

Where to find us:

Student Disability Services
Equity Office – Te Ara Tautika
Basement Level, Room 034
The ClockTower Building
22 Princes Street, Auckland

