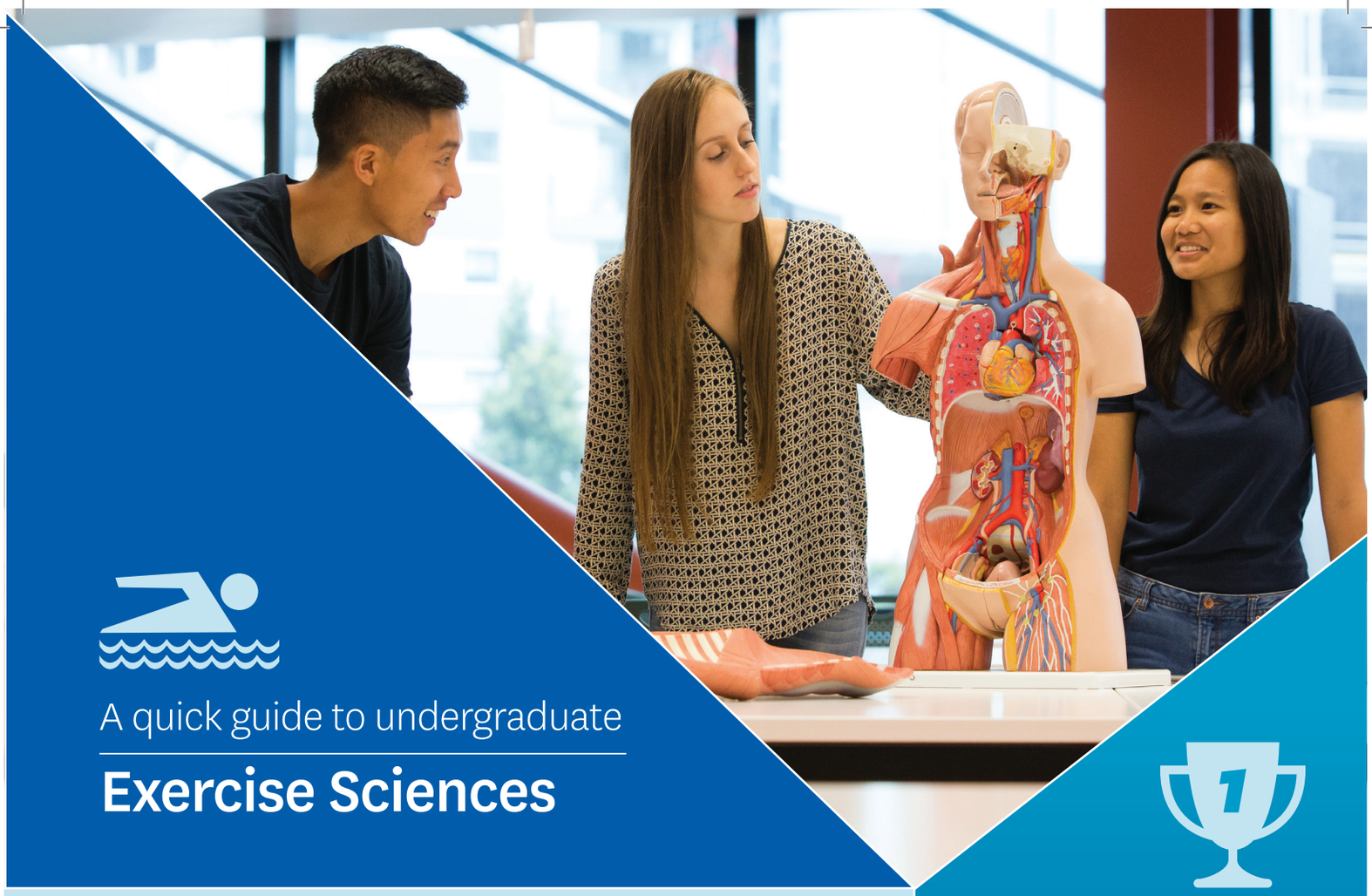

A quick guide to undergraduate

Exercise Sciences

Are you fascinated by what influences human performance in exercise, sport and the workplace?

Studying Exercise Sciences at the University of Auckland offers you a practical and diverse learning experience, and gives you access to brand new, state-of-the-art laboratories and equipment.

Laboratory work plays an important role in Exercise Sciences and is based around the analysis and evaluation of data collected from humans engaged in physical activity. Throughout your studies you'll develop the skills you need to work with people in movement science, health, wellness, rehabilitation and sport science.

If you're interested in studying Exercise Sciences with us, it would be beneficial to have studied high school biology or human biology. Chemistry, physics, calculus, statistics and physical education also provide helpful background knowledge.

Can't choose which subject to study?

With so many options it's sometimes hard to choose what you want to study, but we've got you covered. You can study a double major with our Bachelor of Science to gain a broader base of skills and knowledge.

Complementary majors include:

- Biological Sciences
- Chemistry
- Physics
- Physiology
- Psychology
- Statistics

WE'RE NEW ZEALAND'S

leading Faculty of Science

QS World University Rankings by Subject 2020

AVAILABLE IN:

✓ ***Bachelor of Science (BSc)***

CONJOINT A BSc TO STUDY

2 degrees at once

Our subject is ranked 29 in the world

QS World University Rankings by Subject 2020

29 in the world

Sports-related subjects

Explore and discover everything you need to know about studying Exercise Sciences:

science.auckland.ac.nz/ug-exercise-sci

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Te Whare Wānanga o Tāmaki Makaurau
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SCIENCE