

Healthy Relationships: additional resources

Duluth Model Wheels

The power/control and equality wheels were created by the Duluth model after talking to women who had experienced violence at the hands of their partners. The behaviours in the 'power and control' wheel are the most common abusive behaviours and tactics abusive male partners used against these women. There has been some controversy around these wheels in that they aren't gender neutral and they only display men's violence against women. This is a valid criticism, however it is important to recognise the gender elements of intimate partner and sexual violence, as men's violence against women continues to be a huge societal issue.



Websites

- The **New Zealand Family Violence Clearinghouse** is your national centre for research and information on family and whānau violence in Aotearoa New Zealand.
- **It's Not OK** is a community-driven behaviour change campaign to reduce family violence in New Zealand. Its goal is to change attitudes and behaviour that tolerate any kind of family violence.
- **White Ribbon Day**, 25 November, is the international day when people wear a white ribbon to show that they do not condone violence towards women.
- **Hohou Te Rongo Kahukura|Outing Violence** is funded by It's Not Ok and is dedicated to building Rainbow communities in Aotearoa New Zealand free of partner and sexual violence.