



Kia ora koutou

With the move to Phase 3 of the Omicron response on Thursday night, the definition of 'contact' and the requirements for self-isolation have changed significantly. The details are [available on the official Government website](#). In summary there are now only two categories of people who are required to self-isolate: those who have tested positive with Covid-19; and those who are living with someone who has tested positive (the new category of 'household contact'). The category of 'close contact' continues, however close contacts are no longer required to self-isolate but should self-monitor for symptoms and get a test if they appear.

Contact tracing

This last change in particular means that formal contact tracing is no longer required of the University. We can now redeploy those resources to provide more help and support to our students and staff.

It is still important however for the University to monitor the spread of the virus in our community, and to be able to identify areas where additional support might be needed. So we are continuing to ask our students and staff to please let us know if you test positive or are required to self-isolate as a 'household contact'. This will help us ensure you receive the support you need. We have set up [a simple notification form](#) for this purpose.

In summary, the steps are as follows:

If you have tested positive: isolate for ten days; tell your research supervisor, or if this will affect any of your coursework, your course director; submit your details in the [notification form](#).

If you are a 'household contact': isolate for ten days; get tested on day 3 and day 10; tell your research supervisor, or if this will affect any of your coursework, your course director; submit your details in the [notification form](#).

If you are a 'close contact': no need to isolate; monitor for symptoms and get tested if they appear; no need to complete the notification form.

Apart from these changes, the [University's current operational settings under Red](#) continue to apply in Phase 3. A reminder too that [Campus Care](#) is there to provide confidential, professional services to support and guide you.

The situation in the Ukraine and Russia

I know many of you will be deeply concerned about what is happening in the Ukraine. Our thoughts are with those of you affected by the unfolding crisis. If you need support, please contact [Campus Care](#).

Refreshed Graduate Profile consultation extended

Please note that consultation on the University's refreshed Graduate Profile has been officially extended until Monday 28 March, to allow additional time for students to share their feedback. [More information is available on the website](#).

Noho ora mai
Dawn

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